



Volume 93
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PENNSYLVANIA CLUBWOMAN

Official Publication of the
General Federation of Women's Clubs Pennsylvania

Dotti's Details ...

- 1. Thank You** GFWC Pennsylvania for giving me the opportunity to serve.
- 2. Thank You** 2008 Convention Committee and my club, GFWC Women's Club of Milton, for our Celebration Dinner and Reception. 2008-2010 Officers and District Directors installed May 3, 2008 are:

Dorothy Zimmerman, President

Gail Passerba, 2nd Vice President

Kay Simon, Secretary

Joyce Jones, Northeastern District

Vicki Keister, North Central District

Mary Pleasant, Northwestern District

Carolyn Selders, 1st Vice President

Vicky Ann Trimmer, 2nd Vice President

Peggy Salheimer, Treasurer

Pat Cummings, Southeastern District

Pat Hoffman, South Central District

Donna Reeder, Southwestern District

- 3. Congratulations** to those who are in leadership positions in GFWC and GFWC Pennsylvania and thank you for choosing to learn and work with members of Federation.
- 4. Thank You** to all those who helped make the Summer Leadership Conference a success, especially Conference Chairman Shirley Stump. That includes all attendees and some who helped, but could not be there.

With a bit of time and much planning for Federation events and the administration, and Summer Leadership Conference and Board of Directors meetings behind me, it's time to look ahead to the first autumn of the 2008-2010 Administration.

Many times when someone is asked to fill a position or do a particular job, they often respond, "Well, I don't know, I've never done that before and I don't know what to do or if I could do it." My immediate answer has been, "Well, I've never done this before either and so I guess we can learn together." Don't think that you are ever all alone in Federation. You always have many people who are willing and able to help when you have a question or problem.

Similar to our International President Rose Ditto, during this administration, I also have a Vision of Possibilities. I sincerely believe that we need to use our "Club Collect" and instill in every Federation member that the message of The Collect is meant for all of us. We must be cognizant of this proclamation and live by it to be the best Federation Member we can possibly be.

So as we are still at the beginning of this administration, let's all look at ourselves as well as others and have a true understanding of our Collect, living by it so that Federation truly is "Unity in Diversity with a Vision of Possibilities."

*With Love in Federation,
Dotti Zimmerman, President*

Plan to Attend your 2008 Fall District Meeting and Bring a Friend!

Meet State President Dotti Zimmerman. Hear about the State President's Project.

View & Purchase new Fundraising Items.

Learn about the new GFWC Programs available this Administration.

Enjoy Fellowship with your Federation Friends.

| | | | |
|---------------|-----------------------------|------------|--|
| Northeastern | Joyce Jones, Director | October 18 | Brookside Country Club, Macungie |
| Southeastern | Patricia Cummings, Director | October 17 | Drexelbrook, Drexel Hill |
| North Central | Vicki Keister, Director | October 4 | First Presbyterian Church, Milton |
| South Central | Patricia Hoffman, Director | October 2 | Palo Family Performing Arts Center, York |
| Northwestern | Mary Pleasant, Director | October 24 | East Main Presbyterian Church, Grove City |
| Southwestern | Donna Reeder, Director | October 25 | Pittsburgh Marriott North, Cranberry Woods |



2008 Summer Leadership Conference

Summer Leadership Conference, "A Vision of Possibilities," was held July 18-19 at the Penn State Conference Center, State College. Several pre-conference tours were offered. The Palmer Art Museum was a highlight, but the stop at the Creamery added to the enjoyment. The Conference opening included: The Club Collect, The Pledge of Allegiance to the Flag of the United States, The National Anthem (sang a capella by Laura Saxe, GFWC State College Women's Club member), greetings from Shirley Stump, Conference Chairman and Sandy Hausenstein, GFWC Pennsylvania Leadership Chairman, introductions by President Dotti Zimmerman, comments by Parliamentarian Marc Slosnek, and report on the GFWC International Convention. Honorary Past President Judi Stankowich announced the awards received at the Convention.



Keynote Speaker, Dr. Stephanie Shields, Professor of Psychology and Women's Studies at P.S.U., spoke on "The Emotional Health of Women, A Users Manual." Gail Paserba, GFWC Pennsylvania Third Vice President and Dean of Departments, introduced the State Chairman who provided focus of their departments and/or committees.

Each Chairman had a resource table and opportunity to distribute materials and share information with the attendees. Vicky Ann Trimmer, Esq., CPA, and GFWC Pennsylvania Third Vice President presented "501(c)(3)." She provided information on how to become eligible for 501(c)(3) status, the filing process, cost, tax implications, deadlines, etc.

With beautiful weather, a social hour was held on the patio prior to a buffet dinner on Friday evening followed by the District Directors hosting the District Socials where members visited with old friends and made new ones.

Saturday morning began with a continental breakfast orchestrated so that everyone could casually get their food and stroll in the room even if the program had begun. Vicky Ann Trimmer, State Membership Chairman, presented a Membership Building Workshop with a hands-on activity to help the clubs assess their strengths and weaknesses in gaining and retaining members. She reminded everyone how important it is to invite guests to their meetings. Judi Stankowich, Membership Task Force Chairman, addressed the group about the new Task Force and asked clubwomen to notify her about potential areas for a new GFWC club.

With reporting always being a concern of the members, Gail Paserba spoke on the importance of reporting deadlines for submission, and ease of reporting on line. She also gave tips on writing the reports.

Susan Gibbs, Chairman of State President's Project, "Dangerous Invasions," introduced Pat Fingle, Conservation Program Manager for DCNR, Office of Conservation Science in Harrisburg. Ms. Fingle presented an introduction to the President's Project and provided an in depth look at the problems caused by invasive plant species. Ginger Fryor, Penn State Master Gardener Coordinator, used a power point presentation to show the "Benefits of Native Plants in Landscapes."

After a buffet luncheon, President Zimmerman gave closing remarks and thanked everyone who had helped with the Conference and all attendees. Sandy Hausenstein gave leadership remarks followed by Donna Reeder leading the closing song, "Let There Be Peace on Earth." With everyone holding hands, this provided an emotional moment, as no one knew just when they would see each other again.

A "Behind the Scenes" tour of Beaver Stadium, home to the PSU Nittany Lions football team was planned as an option after the closing of the Conference. Bob White, member of the PSU 1986 Championship Team, led the tour.

Presentations were informative and pertinent and as Conference Chairman, I learned much and found it a good experience. Working closely with our new President showed me that she has plenty of new ideas. It will be an interesting administration.

Shirley Stump
Summer Conference Chairman



**Still time to Register for the
Middle Atlantic Region
Conference
September 19-21, 2008
Scranton, Pennsylvania
Call Cheryl O'Hara
at 570-587-0392**

GFWC ANNUAL CONVENTION REPORT

The 117th GFWC Annual International Convention, held at the Chicago Hilton and Towers, highlighted the theme of this administration: GFWC...Empowering Women...One By One. Thursday and Friday offered unique tours of the city of Chicago, a reception for the 2008 LEADS candidates, an orientation for first time attendees and the arrival of federated women from around the world.

Friday, June 27 — The 2008 Leadership Education and Development Seminar was held with Pennsylvania's LEADS Representative Lyric Schuur in attendance. The *City Lights* Illinois State Banquet featured violinists playing throughout dinner. The after dinner songs of Bob Ellison and Charlotte Hart had everyone up and dancing the night away.

Saturday, June 28 — The Convention opened with the processional of the state and international flags and presidents and the City of Chicago Pipe Band. Business included presentation of candidates for office and introduction of the new PR campaign, *Hats, Gloves and Bags*. The vote on the Signature Project was taken and Domestic Violence will be the GFWC Signature Project beginning with the 2010-2012 administration.

Passports To The World of GFWC International Luncheon featured a processional with representatives from each of our international clubs. The afternoon allowed you to select from eight "Empowerment Through Education Workshops." The *Saturday In The Park*...Junior General Banquet featured an administration review followed by the...*I Think It Was The Fourth of July* Junior Fun Night with music.

Sunday, June 29 — The business sessions included reports from the GFWC officers, region presidents and the Executive Director, presentation and speeches of the candidates for office, proposed amendments to the Constitution and Bylaws, and proposed changes to the GFWC Resolutions. The region's luncheons and meetings were highlighted with the installation of the 2008-2010 region officers. Congratulations to our own Carolyn Sellers installed as 2008-2010 Middle Atlantic Region President.

The Jenise Awards were presented at the evening's *Celebrate!* Banquet. The awards were given to one member from each region for their outstanding work as volunteers.

Monday, June 30 — The morning began with six more Empowerment Through Education Workshops. Business included recognition of and remarks from the GFWC International Past Presidents: Sarah Sladek, author of *The New Recruit What Your Association Needs To Know About X, Y and Z*, provided insight into what organizations such as GFWC need to know about the younger generation and how to make our projects/programs of interest to them. Lunches were interactive workshops on ACT in OCT, building new clubs, grassroots efforts and unique ways to find funding for club projects.

The Cosmos Empowering Women Banquet began with a processional of the Empowering Women of the Past and Present nominees escorted by the State Presidents. The election results were announced: Carlene Garner, President-elect, Mary Ellen Lassiter, First Vice President, Babs Condon, Second Vice President, Sheila Shea, Secretary, Mary Ellen Brock, Treasurer and Kathy Ferrara, Director-elect of Junior Clubs. Rose Datto will assume the office of GFWC International President and Missi McCoy will assume the office of Director of Junior Clubs. Empowering Women Awards were presented to Anne Burke, Illinois Supreme Court Justice, Elena Popodorova, Ambassador of Bulgaria, Caryd Stern, UNICEF President and Jocelyn Smith, Actress, Author and Activist. The sounds of the Stanley Paul Orchestra completed the evening.

Tuesday, July 1 — Business included an invitation to the 118th GFWC Annual Convention to be held in Cleveland, Ohio. *The Purple Passion* Domestic Violence Awareness Luncheon began with a candlelight processional of the State Domestic Violence Chairmen, including Pennsylvania's Carol Bogar. Robyn Givens, author, advocate and inspired the audience with her story of domestic violence survival and how it can permeate families for generations. The afternoon offered the Leadership, Membership, and Public Relations Roundtables.

The evening began with the installation of the 2008-2010 officers followed by the *Red Rose* Installation Banquet and ended with the adjournment of the convention.

Judi Stankowich

2008-2009 GFWC Pennsylvania President

A Vision of Possibilities

"A Vision is the art of seeing what is invisible to others."



GFWC PENNSYLVANIA WINS AWARDS

My last official duty as the GFWC Pennsylvania President was as your representative at the 2008 GFWC International Convention in Chicago - and what an honor that was.

The GFWC Annual Report, highlighting activities and achievements reported the previous year was distributed and under Artistic Endeavors. Signs of Creativity, the ongoing service project of **The Federated Women's Club of Hershey** and their community theater, the Hershey Area Playhouse, is spotlighted.

GFWC Pennsylvania was honored with the following awards. These awards are the direct result of the activities reported by YOU and our member clubs and the outstanding efforts of the state chairman.



Public Relations for outstanding work that helped create a positive image of women's clubs, familiarized members and communities with the Federation's history, mission, and current initiatives, and increased community awareness. Chairman: Carolyn Smith

Empowering Women for outstanding efforts in programs and projects that not only empowered members, but enabled them to empower other women in their communities, states, and regions. Chair-

man: Claudia Urda

Child Welfare League of America Award for outstanding efforts in advocacy for the wellbeing of children and all youth. This award was received for the Backpack Project that created the centerpieces for the Junior/General Luncheon at the 2007 GFWC International Convention. The items collected by the Northeastern District and coordinated by NE District Director Linda Young were donated to shelters in Pennsylvania.

GFWC International President's Special Project - Domestic Violence for outstanding programs and projects that supported the prevention of domestic violence by working with various established programs and initiating educational opportunities for club members and local citizens that increased awareness of the widespread occurrence of domestic violence and expanded the number of advocates speaking on behalf of victims and providing the help that is needed. Chairmen: Sandy Hauenstein, GFWC Pennsylvania State President's Project and Carol Bogue, GFWC International President's Special Project - Domestic Violence.

Special congratulations to **Colin McNamara**, GFWC Youth Short Story contest, Category 2 - sponsored by **New Century Club of West Chester** and to **GFWC Women's Civic Club of Schuensville** for receiving the **Reaching Out Internationally Program Club Award** in the International Affairs Department for their hospitality to the members of the Women's Club of the Philippines who visited during the 2007 GFWC Convention in Philadelphia. Club members invited these women to stay at members' homes for an extra two weeks and showed them the sights in Pennsylvania.

Judi Stankowich

2005-2008 GFWC Pennsylvania President

Reporting

Gail Feserba, GFWC Pennsylvania Second Vice President
Dean of Departments, 239 Tealwood Road, Butler, PA 16001
724-283-3246 gfeserba@aiconinternet.net

Welcome to another year and administration.

Reporting your club activities is important to your club and is the responsibility of every clubwoman. Your hours and expenses for club activities helps the club keep good records for the membership. If you aren't reporting then no one can calculate what attention is needed for a project. The chairman that follows you needs to know if she is able to dedicate the necessary time to make the project as successful as you.

Members - With e-mail, reporting the date is easy. Each time you work on your project, e-mail your chairman (and yourself) the hours and expenses incurred during your time that day. Later, if you are asked questions about this topic, it is all right there on your computer.

Chairmen - It is your responsibility to gather the information and report it to your club. Just like your committee people, gather the information as you go along rather than trying to get it together at the end of the calendar year - it is holiday season after all. Give your information to the report chairman at each club meeting. You can do so by handing a report to the secretary that can be attached to the minutes for that month or give it directly to the report chairman.

Report Chairman - Remind the club each month the importance of providing this information and please let the membership know when the reporting committee is planning to write reports - just in case you have questions.

A Vision of Possibilities _____

"The best Vision is insight."

Malcolm S. Forbes

State President's Project

"Dangerous Invasions"

Susan A. Gibbs

403 E. Fairview St., Coopersburg, PA 18036

(H) 610-282-1266 (W) 610-791-2110

susieg403@yahoo.com



Vision: Enhanced environment for healthier living

Goal: For GFWC Pennsylvania to be an integral participant in educating and working actively to control invading species, especially plant species.

Objectives:

- To educate federated club women on ecological issues.
- To educate and engage communities in a state wide project
- To promote propagation of native species and control proliferation of invasive species.
- To raise funds for use in the project.

With our state being a very diverse area, our members live with differing ecological issues, but it remains that there is unity in this diversity. Some of us don't realize the effects of the *invasive* plant species to our ecological system and the effect they will continue to produce in the future.

With this knowledge in mind, the State President's Project, "Dangerous Invasions," was chosen. An introduction was presented at Summer Leadership Conference, which was just the beginning of educating club women on the issue of invasive plants.

NEW ITEM !!

Are you a 25 year member?

Do you know someone who is?



Go to www.GFWC.org, click on the Marketplace tab, then on the red Shopping icon. Look for PINS and click. Scroll down to the new silver pin to order. Clubs can order multiple pins and present one to every member with 25 years of service to Federation. Order by phone at 202-347-3168.



Don't forget your 50 year members who may now receive a gold pin. For those who already have a gold card, the cost is \$5.00 each. For new 50 year members, the pin is free. Contact the Membership Director at Membership@GFWC.org for details or call 202-347-3168.

Arts Department

Judy Hahn

805 Lewis Lane, Ambler, PA 19002

215-542-8366



Welcome to the Arts 2006-2010 "A Vision of Possibilities" All contests, contest rules and deadlines are in the Arts Booklet included in the August bulk mailing. Be sure to read all contests and rules. Make copies for your chairman.

Contest Deadlines: Clubs - March 1, 2009

County - March 20, 2009

Districts - April 4, 2009

State Arts - May 2, 2009

CRAFTS: Judging at the State Level for 2009-2010. Chairman Colleen Hoch and club members have created a list of crafts to appeal to all. Be sure to follow the rules carefully. All judges' decisions are final.

LITERATURE: Entries are sent directly to the State Chairman, Charlotte Smith, and must be postmarked by March 1, 2009. Send three (3) copies with entry and judging forms attached. Follow all rules carefully, particularly in regard to the information that must be included in the corner of each page.

ARTS: This contest includes grades one through twelve. It is suggested that the club art chairman give complete instructions to all school Art Teachers including information on club and contact person in writing.

PHOTOGRAPHY: Please note: the new photo contest "Great States Update" contest which will be judged prior to the 2009 PA Convention. The winner will be sent to GFWC. The "World in Pictures" and "GFWC Volunteers in Action" will be judged prior to 2009 and 2010 Convention. The "Year in Pictures" Calendar Contest entries go directly to Headquarters by May 1, 2009 and May 1, 2010. Also Student Photography contest.

PENNIES FOR the ARTS fund needs replenished. Monetary awards are given to the student District & State winners. We would like to continue that tradition so your help is needed. Collect those pennies at your monthly meetings and send your checks to State Headquarters/Pennies for Art.

A Vision of Possibilities _____

"The most pathetic person in the world

is someone who has sight,
but has no vision."

Education Department

Bev Staman, 10 Quarry Drive, Watsontown, PA 17777
370-538-2042 bevandevo@windotstream.net

You've probably all heard the old adage "Use it or lose it". This expression applies not only to our muscles, but also to our brains. Doctors say that exercising our minds is just as important as exercising our bodies to keep them sharp and help prevent the effects of aging.

Twenty-five thousand people, mostly children, die from hunger or related causes every day. With rising prices of rice and fuel, plus recent natural disasters, relief agencies are struggling to feed hungry families throughout the world.

A website called freerice.com provides the opportunity to increase your vocabulary and help alleviate world hunger. Every time you click on the correct meaning of the word shown, 20 grains of rice is donated to the

United Nations World Food Program, which helps feed hungry people in 75 countries. If you keep picking correct choices, the vocabulary words get more difficult. If you make a wrong choice, the words get a little easier. Levels begin at zero and go all the way to 60, so this is a great intergenerational activity that you can play with your children or grandchildren.

The longer you play the more words you learn, and the more rice you earn, but even if you only earn a hundred or so grains of rice at a time, the numbers grow exponentially because of all the thousands of people playing.

This chairman challenges Pennsylvania clubwomen to use freerice.com to "LEARN AND EARN." Please ask your club president to give you more information found in the bulk mailing and keep track of how many grains of rice you have donated for your reports!



Women's History & Resource Center

Judy Schwambach,
1618 Bennett Street, Lansdale, PA 19605
610-929-8674 jschwambach@edl.com

DOCUMENTING OUR HERITAGE

Now is a perfect time to check with your State WHRC Chairman to see whether your club has provided an updated club history to the Women's History and Resource Center.

If you did, when was it? (It's surprising how quickly the present becomes the past!) Two decades have gone by since GFWC PA collected histories from local clubs. A great many projects have been completed during those ensuing twenty years.

Take a look at your club's meeting minutes; what have you done? Have you earned any major awards? Have you done something to make a difference in your community? Is statistical data available? Was it publicized?

Have you archived your records? Where?

Start making it a practice to locate these materials. Find out where they should be deposited and keep them there.

Before you place information in a safe place, read it. Write up the important parts, put them together and send me an update.

"Women's history makes a great story. Publicize your efforts in preserving and promoting it!"

Communications/Public Relations

Mary Fenstermacher
385 Greenwood Avenue, Collegeville, PA 19426-2709
610-480-2037 mfenstermacher@aol.com

SPOKES! WHEELS! MOVEMENT! Public Relations Chairmen. "YOU" are a very important spoke in the wheel of your Club. Tony Buzan developed Mind Mapping, a visual pattern of connected ideas similar to a road map or blueprint. This is a graphic method to stimulate Creative Thinking. You gather information, summarize, plan and create.

Behind every public relations campaign is a "Big Idea", the creative concept that makes the message attention getting and memorable. The message must have an impact on the target audience's opinions and attitudes. **How do I relay information about my Club?** Mentioning "What" is going to happen, "When" it will happen, "Where" the event will take place, and "Why" the event is happening creates interest. **Insert a surprise!** Use pictures! Many subscribers are visual learners and just look at these. Be sure to include "Who" the author is. Give your name, address, e-mail address and phone number in case the recipient have questions. Remember you are the liaison between your club and the media. Use all sources available - newspapers, radio and your local television station. Learn as much as possible about your local media. Find out which reporters deal with women's issues and what kind of stories gets the most coverage. Mary Poppins once said, "In every job that must be done, there is an element of fun. You find the fun and - SNAP - The job's a game!"

Conservation

Karen Stauffer
Resource Conservation in the Community Chairman
401 Reservoir Road, Mechanicsburg, PA 17055
karendee44@hotmail.com

During the next two years, Resources in the Community Program will focus on many environmental issues affecting Pennsylvanians. The Action Plan for this Program, as well as Beautification in the Community, was sent out by GFWC Pennsylvania and it contains many resources to help guide your club in activities relating to preserving the environment and beautifying it.

July 9, 2008, Governor Rendell signed two laws relating to safe clean water, wastewater plants, dams, and flood protection. S.B. 1341 will be on our November ballot as a referendum to approve spending \$400 million for grants and loans to make improvements in drinking water and wastewater systems. Visit www.dcp.web.state.pa.us/govw to learn more.

By carefully disposing of medications, PA citizens can help contribute to safer water for aquatic organisms and people. According to DEP, the best way to dispose of medication is to sponsor a medical hazardous waste collection. Another option is to instruct all citizens, doctors, veterinarians, pharmacists, and health care facilities, to dispose of medication in a safe manner. Liquid medicine or pills/capsules (crushed or dissolved in water) should be placed in a sealable plastic bag. Kitty litter, coffee grounds or another substance to make it less appealing should be added to the bag. Seal the bag, and dispose in the trash. Do not flush medications down into the sewer, as it will end up in the aquatic ecosystem. SMARXT DISPOSAL™ developed this method. To learn how citizens can help safeguard lives and protect the environment visit www.Smarxtdisposal.net.

Vision of Possibilities

" Good leaders create a Vision,
Articulate the Vision,
Passionately own the Vision,
and relentlessly drive it to completion."

Resolutions Committee

Down L. Himler
458 Himler Road, Greenburg, PA 15601-6322
724-836-3764 dlimler@aol.com

ATTENTION ALL CLUBS

Does your club have a resolution that needs addressing? The Resolutions Committee is accepting all resolutions for the 2009 Convention.

Whereas, The Resolutions Committee shall review and research all proposed resolutions that are in accordance to the objective and policies of GFWC Pennsylvania; and

Whereas, All proposed resolutions shall be submitted in writing, signed by the mover and forwarded to the chairman of this committee no later than **October 15, 2008**; therefore

RESOLVED, A resolution upon adoption by GFWC Pennsylvania shall be in effect for 6 (six) years unless rescinded or amended; and

RESOLVED, Resolutions that have expired may be reintroduced.

*Resolutions Deadline Submitted by
OCTOBER 15, 2008*

Leadership

Sandy Hauenstein
155 Byron Nelson Circle, Bliss, PA 17319
(H) 717-934-2385, (W) 717-625-2427
shauenstein@epix.net sandygfwc@juno.com

Leadership Action Plan

1. Ask your club president for a copy of the Leadership Program Guide from the GFWC Club Manual
2. Review the ideas given and implement into your club.
3. Order leadership materials from GFWC Marketplace at www.GFWC.org.
4. Search websites for additional resources for leadership training.
5. Read books about leadership skills, volunteering and self improvement.
6. Encourage participation in GFWC Jennie Award.
7. Encourage club members to apply for LEADS. (Leadership, Education, and Development Seminar).
8. Volunteer to work with HOBY or other youth leadership programs.

Central PA HOBY

Carol Foley, 21 Wagner Street East,
Hummelstown, PA 17036 717.566-0637
carol.foley@centralpahoby.org

It is HOBY time again!! Thanks to all the clubs who contributed last year your donations totaled \$3325!! This money was greatly appreciated. Remember to invite the 2008 seminar student from your high school to attend a club meeting to talk about the HOBY experience. This is a way for the clubwomen to learn about the seminar activities and how the student has been impacted.

Congratulations to Mary Beth Seitz-Brown, Spring Grove Area High School and Jonathan Mercari, Potomac Area High School. They were selected at this year's seminar to attend the 9 day World Leadership Congress held in Washington, DC in July. Each seminar site selects one boy and one girl to attend and all expenses are paid by the seminar. Thanks to the women's clubs who sponsored these students. Please invite them to a club, county, or district meeting to speak about their experience.

The high school guidance counselors will be receiving their information in September or October for the 2009 seminar. Please contact your school and encourage them to send a student to the seminar. The school does have a \$150 registration fee to pay to HOBY national, which is separate from the club donation to the local seminar. If there are any questions, contact the chairman.

Butterfly Books



Carol Foley
21 Wagner Street East, Hummelstown, PA 17036
717.566-0637 fooleyvc@aol.com

The Butterfly Books program will be continuing for this year as a Statewide Reading Project. This is a book sharing program based on the idea behind a butterfly release where butterflies are set free at a special event so they can fly around and make the world more beautiful. Our "butterflies" are books with special bookplates in them. These books will be "released" at federation events for clubwomen to find and read. Members will then send a short journal entry about the book to the chairman via e-mail or US mail. The book will then be "released" at another federation event for someone else to find, read, and make a journal entry. It is hoped that many of our favorite books will be shared among our clubwomen.

The bookplates are available from this chairman. They are placed in books only for the initial release, so each book will have one bookplate. Books were released at the summer conference and more will be available at the fall district meetings. Let's begin sharing the books as they "fly" among our federation friends. Don't forget to log on to the GFWC Pennsylvania website to read the journal entries that are posted there.

Western PA HOBY

WANTED: Clubwoman to represent GFWC Pennsylvania at the Western PA seminar

DUTIES: Promote the program to clubs so they will sponsor students through a monetary contribution to the seminar and be the liaison to the corporate board of the seminar

NO ATTENDANCE AT PLANNING MEETINGS IS REQUIRED. ALL CONTACT IS THROUGH PHONE, MAIL, OR E-MAIL.

The seminar is held at Washington and Jefferson College in Washington, PA.

Contact Carol Foley if interested
carol.foley@centralpahoby.org

LEADS

Lynne Schurz, 1220 Lakeview Drive, Butler, PA 16002
724-536-2425 lschurz@ccomcast.net

I attended the 7th annual LEADS session at the International Convention in Chicago in June. Instigated by the GFWC Board of Directors in 2001, this program identifies and encourages potential leaders at the grassroots level who can help steer the organization forward in the 21st century.

A highlight was taking part in a presentation on conflict resolution within organizations which included insights on generational awareness. During our interactive sessions, we practiced new mediation skills and received advice and guidance from a professional PR expert. We also spent part of our day discussing a range of topics relevant to leadership, effective speech writing and presentations, and in-depth information on the structure, history (WHRC) and membership benefits and resources of GFWC.

The exchange of information and ideas was unparalleled to any other Federation experience I've had to date. All 46 participants continue to network and support each other via email and Internet Listserv. I encourage us all to remember that "You are the Leaders of GFWC!"

- *** L: LEARN from others while remaining true to yourself
- *** E: Set an EXAMPLE and accept the call to leadership
- *** A: Understand and APPLY your strengths to the challenge in your personal area of opportunity.
- *** D: DILIGENTLY prepare for your roles while DEMONSTRATING you are human.
- *** S: SERVE with a good in mind.

Serve with a Smile, isn't it amazing how when you say YES it creates a smile on your face? Thank you for the pleasure and honor of representing PA!

Home Life Department

Women's Health

Beverly Oleic
124 Windsor Drive, Butler, PA 16001
724-432-2739 oleicbcs@comcast.net

? **Breast Cancer Awareness**

Early Detection Saves Lives

National Mammography Day, October 17th. Schedule a mammogram and clinical breast exam; perform monthly breast self exams.

- Stay physically active.
- Eat more "magic" foods: cabbage, peas, beans, lentils, soy.
- Increase fiber - whole grains, fruits, vegetables.
- Follow a lowered-fat diet. Include olive oil for its Oleic acid that suppresses one of the most important genes involved in breast cancer development.
- Limit alcohol intake.
- Don't smoke.

? **"Winterize" Your System With October Flu Shot**

"Flu" is a viral respiratory infection that develops primarily in the lungs that may result in bacterial infections that occur on top of respiratory infections.

Influenza vaccine is effective within two weeks of injection.

Helping Hands In The Community

Cathy Bronder
103 Esseton Drive, Butler, PA 16001
724-283-1227 cbronder@comcast.net

? **HEAVENLY HATS** provides new Hats for patients who lose their hair and need a symbol of hope and love. Need ideas? <http://www.headcovers.com/fortheawareandtheadworn/hats-turbans/>

Delivery: Contact, then mail or deliver hats to your nearest Cancer Society.



? **ENDING HUNGER**

The Problem - Invades our schools, preys on children, destroys families. You can't see it, but it lives next door.
The problem is hunger.

The Solution - Provide nutrition for at-risk children, meals when they're needed most, during the summer and after school.

Poverty is complex, feeding others is not

Delivery: Everyone has a strength, and everyone has something to share--help children, families, Food Cupboards.

Remember to Report your club's efforts and hours in all aspects of Home Life

International Affairs

Anita Piles, United Nation Department Chairman,
410 Garden Ave, Grove City 15127
724-438-9319 grantsddy2@sathink.net

How do we become involved with United Nation programs?

The US Fund for UNICEF supports UNICEF's work in this country through education, advocacy, and fundraising. October is National UNICEF Month. The boxes for UNICEF can be ordered by visiting www.UNICEFUSA.org. Remember to inform schools about the website www.TeachUNICEF.org to find lesson plans and activities to educate young people about Trick or Treat boxes.

The campaign against HIV/AIDS is concerned with Prevention of Mother to Child Transmission (PMTCT). Brochures and pins can be ordered. A donation of \$3 per pin is the cost of one dose of medication for the prevention of mother to child transmission of HIV/AIDS.

Unclean water and poor sanitation have claimed more lives than any other cause in the past century. You may consider raising funds to purchase hand pump water wells at a cost of \$408 or celebrate the 'Tap Project' in March.



For information on these projects contact Kate Weber at kweber@unicefusa.org

UNIFEM is the women's fund at the United Nations. Established in 1976, it helps make the voices of women heard at the United Nations. It is working to reduce women's poverty, violence against women, reversing the spread of HIV/AIDS, and supporting women's leadership in governments. To find out how you can become involved, contact Joan Hawk at joan.lobbyhawk@unpd.org.

GEWC Pennsylvania Trip to London and Paris

March 19-26, 2009

Rates:

Double \$2,979 Single \$3,079 Triple \$2,940

Highlights: Buckingham Palace, Big Ben, London Theatre Performance, Eurostar Train, Seine River Cruise, Notre Dame, Eiffel Tower Dinner, Paradis Latin

For more information contact:

Elsie Tagg, Travel Chairman

120 Faithhill Road, Sellersville, PA 18960-3318

215-723-0235 taggabout@comcast.net

Public Affairs

Bernadine A. Borzelo

Citizens in Action Program

167 W. Shawnee Ave, Plymouth, PA 19651

570.779.4337



As we begin a new administration, this chairman invites everyone to consider how your club members can honor former/current military women

Our focus will be to recognize "Women in the Military Service for America." Invite a veteran to speak to your club members. Perhaps a service woman presently serving our country would share some of her experiences. Do you have a club member who served and is willing to make a presentation?

Contact your local governing body to proclaim the week preceding Veteran's Day (November 2nd to 8th) as "Women Veterans' Recognition Week."

Please VOTE on November 4th. Your vote counts.

Please read the "Citizenship in Action" information in the GFWC manual and have your club choose a project "Stir up Patriotism."

Famela B. DeRemer

Focus on Community Safety Program

76 Center Ave, Plymouth, PA 19651-2231

570.288.1477 or 570.814.0873

Mimbast0@aol.com

It is with great excitement that this chairman embarks on a new venture for the coming two years in the community safety division of Public Affairs department, hoping to "Score one for Safety." She challenges the club members to learn about drug and alcohol abuse and how it affects family and community as the underlying cause for much of the crime perpetrated against youth, elderly and others. Save our children by promoting drug free beaches through prevention education and by encouraging treatment. Our children, our most precious resource, deserve a crime free, safe environment in which to grow up.



Help keep our homes safe by becoming aware of hazardous product recalls. Contact the U.S. Consumer Product Safety Commission at www.CPSC.gov to get more information.

Membership

Vicky Ann Trimmer, Membership Chairman

113 Cambridge Dr., Mechanicsburg, PA 17355

(571)717-766-9116 (W)717-232-5000

GFWC is holding the ACT in OCT program again to encourage recruitment activities in October. The goal for clubs is "FOUR More Would Be GREAT in October '08". The form for reporting was in the Bulk Mailing sent to each club President. Reports must be received at GFWC headquarters no later than December 1, 2008.

A Membership Building Workshop was held at the Summer Leadership Conference. If you attended, wonderful! If you were not able to attend, your District Membership Chairman has the materials and will be sharing the information at the District Parleys and Fall District Meetings.

One issue became clear. Clubs need to understand how each generation of members or potential members differs.

Scientists break generations into four classes: Veterans, Boomers, GenXers, and Nexters. Each generation thinks and operates differently. Clubs need to take that into consideration when planning meetings, communications and activities.

So, how are the generations different? **Veterans** prefer written communications not e-mail and to be recognized with plaques/photos. **Boomers** want public recognition, the opportunity to provide input, their opinions heard and need to be acknowledged for their work ethic and long hours. **GenXers** want to partake in various interests (more than just GFWC Pennsylvania) and want contact constructive feedback. They like the latest computers, e-mail and technology. **Nexters** want education, skill building and to participate in group projects with a reward for the whole team rather than individual recognition. They like working with a mentor.

Bylaws

Mary Bergeron, 128 Kestrel Court,

Hummelstown, PA 17036-8839

717-582-2190 mberger@aol.com

The Bylaws Committee has planned to meet this fall. As stated in GFWC Pennsylvania Bylaws, they will accept recommendations for amendments submitted by the Executive Committee, the Board of Directors, or any club holding active membership and forwarded to the Chairman of Bylaws before October 15.

The GFWC Sun College Women's Club is pleased to honor **Wendie Edwards** as its **Veteran of the Year**. She has worked on the club's **Choir** for over 40 years, volunteering approximately 50 hours per month. **Thank you, Wendie** for all your service to the club.

Club News

The **Woman's Club of Perkiome** was honored to receive the Community Partner Award for 2008 given by the Bucks County Housing Group for the club's involvement with helping to improve the lives of the residents of the Milford Square Homeless Shelter. Member Ellen Roeger, Coordinator of the Milford Square Program, accepted the honor on behalf of the club.

Gladys Willey, President of the **GFWC New Century Club of West Chester** and **Cookie Goffney**, President of the **GFWC Junior New Century Club of West Chester** hosted its 19th Annual Arbor Day Ceremony at Hoopes Park in West Chester. Don Eggers, from the Pennsylvania DCNR, presented the Borough with its 19th Tree City USA flag. Denise Dunn-Kesterson, Urban Forester from the Department of Public Works, planted two Ginkgo Giloha Autumn Gold trees donated by the Senior and Junior clubs in memory of and to honor club members.

GFWC Penn Township Woman's Club of Butler County recently celebrated their 50th Anniversary at the Butler Country Club. The club was organized and celebrated in 1958. Ten members received 25 year pins and one charter member also received a 50 year pin. Pictured from left to right are Grace Weber, Dorothy Giesler, President Ruth Wood, Grace Kolander, Betty Hasebica, Catherine Williams, charter member Mac Bauer, Carol Gunto, and Nancy Swisher.



Nine members of the **Federated Womens Club of Hershey** prepared over 400 sandwiches for HOBY held at the State Capital in Harrisburg. Students came from all over Pennsylvania to attend this three day program. For the 5th year, the Hummelstown VFW Post 1687 allowed the ladies to use its facility and provided the makings for lunch under the direction of Carol Foley of Hummelstown, Chairman Central Pennsylvania HOBY.



Edith vanden Bosch, President of the **Bucks County Federation**, installed the officers of the **Warrington Women's Club** for 2008-2010. Pictured from left to right are Edith vanden Bosch, President of the Bucks County General Federation of Women's Clubs, **Marie Hegge**, Corresponding Secretary, **Janet Doyle**, Assistant Treasurer, **Anne Marie Groungust**, Recording Secretary, **Mary Jane Bibolet**, Second Vice President, **Theresa Hasenmayer**, First Vice President, and **Muriel Stanley**, President.



Warrington Women's Club's Past President **Theresa Hasenmayer** passing the gavel to new President **Muriel Stanley**.



The **GFWC PFWC Woman's Club of Mars** will be celebrating its 30th anniversary at their Home Harvest Dinner on September 11, 2008. In the early 1950's, the **Woman's Club of Mars** founded the Mars Area Library and has continued its support throughout the years. During the past several months, major improvements have taken place at the library. As part of the club's anniversary celebration, members are looking forward to actively participating in the library's grand re-opening ceremony.

The **GFWC New Century Club of West Chester** has donated a variety of new medical reference books to the West Chester Library. Topics included information on Diabetes, Arthritis, Lung Cancer, and various other health issues. Pictured is club member **Michelle Chery** with some of the reference books. In addition, \$500 book scholarships were given to six students from West Chester area high schools.



The **GFWC State College Woman's Club** has been a long time supporter of Meals on Wheels. One member, **Martha Beward** has just recently retired from peeling potatoes for Meals on Wheels and has been recognized for her service. She has volunteered for 24 1/2 years peeling approximately one ton of potatoes a year or a total of 51,000 pounds!

**GFWC PENNSYLVANIA
FUNDRAISING**

Overnight/ Briefcase/ Tape

- 1 for \$18.87 + 1.13 tax = \$20.00
2 for \$33.02 + 1.98 tax = \$35.00
3 for \$14.15 + .85 tax = \$15.00 each

GFWC Member Pin
\$4.72 + .28 tax = \$5.00

Swarovski Crystal Bracelets

by Julie

- \$9.43 + .57 tax = \$10.00
2 for \$16.98 + 1.32 tax = \$18.00

For more information contact your club president or
Ebbey Schirmer Fundraising Chairman
1805 Ridge Rd., Sellersville PA 18560
215-257-7695
ebhschirmer@yahoo.com

IRS 501(c)(3) Group Exemption Now Being Offered

GFWC Pennsylvania is excited about a new benefit available to Federated Clubs! Clubs have the ability to participate in its IRS recognition as a tax exempt entity. Benefits of being a recognized organization include being eligible for grants from other non-profit organizations, and donations may qualify for an income tax donation for the donor! The Club also avoids the payment of taxes on its income. Reduced postal rates and state income tax exemptions may also be available.

Clubs could apply for tax exempt status directly with the IRS, but the fee exceeds \$500! Participation in the GFWC Pennsylvania Group Exemption involves a payment of \$50 to cover the administrative costs.

There is some work involved. Clubs need to update organizational documents to comply with IRS rules. An application packet must be submitted to headquarters by November 1. Detailed information, "IRS 501(c)(3) Group Exemption Policy and Instruction For Application", was included in the Bulk Mailing received by each Club President. The exact required language is provided in the packet.

Participating Clubs will have to make an annual filing with the IRS. If revenues are normally \$25,000 or less, it is a simple on-line postcard style filing which takes about 5 minutes to complete. If revenues are more than \$25,000, Form 990 is required.

The IRS offers many publications on the benefits and responsibilities of being recognized as a tax exempt organization. It also has on-line training courses and loads of other resources at www.irs.gov

Vicky Ann Trimmer Esq., CPA
GFWC Pennsylvania Third Vice President

GENERAL FEDERATION OF WOMEN'S CLUBS PENNSYLVANIA
State Headquarters, 817A South Market Street, Mechanicsburg, PA 17055-4720

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